

WARREN SENTINEL



"Jolly Rogers"

WWW.WARREN.AF.MIL

Volume 64, Issue 42

F.E. Warren Air Force Base, Wyoming

October 28, 2005

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Academic achievement

2005 combined graduation graduates **23**



NATIONAL
DOMESTIC VIOLENCE
AWARENESS MONTH

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squadron



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women at Warren
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EXERCISE, EXERCISE, EXERCISE

Airman 1st Class Froilan Franco, 90th Logistics Readiness Squadron, takes a break from Warren's Aug. 18 exercise to drink water from his canteen. To be more prepared for the next base exercise, turn to Page 12.

Photo by Airman 1st Class Tessa Cubbon

Commentary

Leadership: a contact sport

Lt. Col. Christopher Coffelt
Commander, 321st Missile Squadron

We have a great tradition of leadership in the United States of America. All throughout the history of our great country, leaders have stepped forward to win our nation's battles in wartime and advance our domestic agenda during periods of peace. The truly great thing about our American tradition of leadership is that it hasn't simply existed at the top. America is what it is today because leaders who had the courage to stand up, intervene, and do the right thing emerged at every level of our society.

Just think how different our history would read if that first citizen-soldier patriot, the first Minuteman, hadn't stepped forward to lead, spurring others to similar acts of leadership, courage, and sacrifice.

How much easier it would have been for all of them to accept the status quo, perform at the minimum or accepted standard, or not get involved—but the United States' success is founded upon the untold millions of individual Americans throughout our history who chose to act, confront problems, and never be satisfied with anything less than excellence.

Oftentimes our most celebrated and honored military leaders are those who also displayed heroism in the air or on the battlefield. In our Air Force history, names like Levitow, Sijan, Pitsenbarger, and others quickly come to mind. Most agree it was the incredible physical courage that each of these individuals demonstrated that marked them as great leaders and warriors. But did this courage simply appear at the time it was most needed? Absolutely not. They had lots and lots of practice. They practiced their leadership skills and demonstrated this very type of courage every single day

of their lives during peacetime—and that is why they were capable of the great acts of leadership, sacrifice, and bravery when the situation arose in combat.

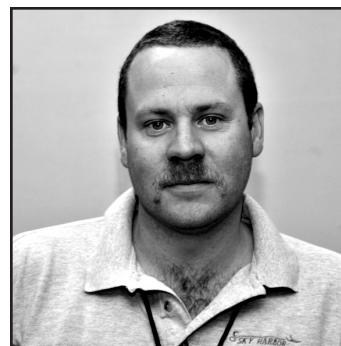
Having the moral courage to step in, be a leader, and be a wingman to someone who is about to do something illegal, immoral, unethical, or just plain dumb is the ultimate indicator of someone who exhibits true moral courage every day. It is this moral courage that marks these individuals as true leaders and kindles the flames of valiant physical courage that manifests itself in combat. Isn't this the kind of person you want to be serving next to in the AOR? It is incumbent upon all of us in the armed forces to embrace our common comrade-in-arms bond and be that person for someone else.

Every member of our great Air Force is a leader and must have the intestinal fortitude to do the right thing (vs. merely "doing things right") despite the fact that such actions might be difficult, uncomfortable, make one unpopular with their peers, subordinates, superiors, etc., or possibly even make them unpromotable. If this means speaking up and respect-

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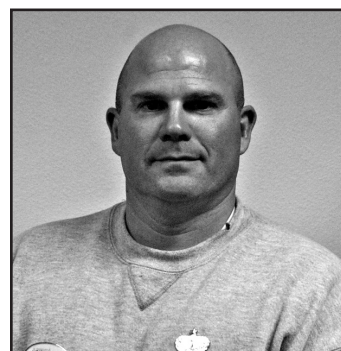
Man on the street

The Warren Sentinel asked Warren members, "What was your favorite Halloween costume of all time?"



"A gun fighter. It was right after "Young Guns" had come out."

- Justin Nestorick, 90th Communications Squadron



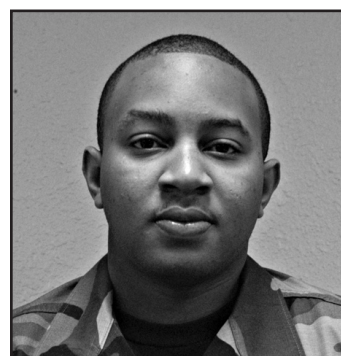
"Spiderman, because in high school I used to do the Spiderman dance and get out of class."

- Tech. Sgt. Mark Carnes, 90th Services Squadron



"My favorite costume would be a pumpkin. My mom made it for me in second or third grade."

- Leslie Dumas, Warren Federal Credit Union



"Dracula because I liked the teeth and the cape."

- Senior Airman Demorro Caldwell, 90th Maintenance Operations Squadron

WARREN SENTINEL STAFF

Col. Michael Carey
90th Space Wing Commander
Capt. Warren Neary
Chief of Public Affairs
2nd Lt. Josh Edwards
Chief of Internal Information
Tech. Sgt. Steve Goetsch
NCOIC of Internal Information

Airman 1st Class Connor Elayan
Editor
Senior Airman Lauren Hasinger
Staff writer
Airman 1st Class Tessa Cubbon
Staff writer
Airman 1st Class Brandy Holcepl
Staff writer

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Follow 7 Ps in deployment zone, everyday ops

Proper prior planning prevents pitifully poor performance

Staff Sgt. Thomas Brick
332nd Expeditionary Contracting Squadron

BALAD AIR BASE, Iraq -- As a young Boy Scout sitting in a junior leadership training class, I was taught something that sticks with me to this day. The subject was the Seven Ps: Proper prior planning prevents pitifully poor performance. This phrase ties in very well with our day-to-day mission here.

Being deployed to the desert puts us in the spotlight; we are the lead element of our Air Force. The Seven Ps should be utilized while deployed more than ever, because if we fail to properly plan here then the poor performance to follow could be the loss of life or multi-million dollar aircraft.

THE SEVEN PS AREN'T JUST USEFUL FOR THE BIG THINGS: THEY ARE USEFUL IN EVERYDAY OPERATIONS AND CAN MAKE YOUR JOB MUCH EASIER.

But the Seven Ps aren't just useful for the big things. They are useful in everyday operations and can make your job much easier. When any project comes to you, you should immediately set a plan in motion to not only get it accomplished, but to get it accomplished the right way.

We should never just slap something together and call it good. Field-expedient fixes are fine, but as soon as we get that

fix in place we need to start planning to do it right and not just put it off. This goes back to our core value of "Excellence in all we do;" it is something that sets us apart.

This also applies to procedures and plans that were in place before we arrived. If you see something you know is not working well and causes problems, don't just shrug it off and say, "That is how we do it here." Do something

to change it.

As a Boy Scout, I was taught to leave a place better than I found it. That can mean simply cleaning up after yourself and what others may have left behind, or it could mean improving the place by making things work better. You can create a plan that makes your shop more efficient or solves a problem others have left behind.

Do you really want to deal with a field-expedient fix for some extended period of time? Do you want to just meet the minimum requirement of the mission without really accomplishing much?

Take advantage of your time to make your shop and your base better for you and those who will follow you by using the Seven Ps.

Sport from Page 2

fully disagreeing with your boss over something you think is important or being unpopular with your friends/peers because you speak up and tell them to quit doing dumb stuff, it is your responsibility to do so.

An Air Force captain was complaining to his father about how poorly the actions of several other officers he worked with reflected upon the officer

corps and the Air Force, in general. After agreeing with his son, the father turned to him and stated one of the most powerful, eloquent, and profound leadership virtues I have ever heard:

"What have you done about it?"

Do you have to be in the leadership position to be a leader? Do you have to be the person's supervisor to

say something to someone who is doing the wrong thing or about to do something dumb—or to encourage someone and help them reach their full potential? No! Every member of our Air Force from airman basic to 4-star general is a leader.

Stand up for what is right, lead, and pursue excellence in your life and expect it of others.

How can we expect to have the physical courage we need on the battlefield if we can't even muster the moral courage to do the right thing and be a true leader every day in peacetime?

We all have a responsibility to continue the great tradition of leadership that makes our armed forces the most professional, capable, and respected combat force

on the planet and remember that, as Marine General John Sheehan proclaimed, "leadership is a contact sport." Ask yourself every day "What kind of leader am I?"

When someone isn't being a team player, be a leader and a wingman and approach them about it.

It only takes one person to be a leader, speak up, take action, and be a hero.

OPJ is coming

Warren members can volunteer time, talent, treasure

2nd Lt. Josh Edwards
90th Space Wing Public Affairs

Warren hosts Operation Provide Joy again this year at the Trail's End Club Dec. 10.

OPJ is a festive holiday party for disadvantaged children in the Cheyenne community.

The children are invited through the Salvation Army to enjoy lunch, entertainment and gifts at the Trail's End Club.

Entertainment at the 2004 event included a clown performing magic tricks, folklore dancers and a jazz band from a local high school.

"It's a nice little party that the children can have, with presents they may not have otherwise," said 1st Lt. Melissa Ward of 321st Missile Squadron, one of the points of contact for OPJ.

In addition, about 20 pounds of food will be donated to the parents of the children so they can enjoy a nice holiday dinner, said Lieutenant Ward.

Warren members will have the

opportunity to volunteer as escorts for the children at OPJ. Each escort spends the day with a child talking to him or her and giving them their attention. Volunteers are also needed to prepare for the set-up and tear-down of the event.

"There's a lot of ways people can get involved," said Lieutenant Ward. "We always have a great outpouring of support in the form of volunteers for this event. It's a great opportunity for the squadrons to show their support."

OPJ, in its sixth year, is also receiving support from the Cheyenne Frontier Days committee, who recently donated \$2,500 to the cause.

OPJ is a registered charity of the Combined Federal Campaign which runs until Nov. 18. Most of the money used to fund the event comes from CFC and off-base donations.

For more information on how to volunteer for OPJ, contact Lieutenant Ward at 773-4952 or 1st Lt. Liza Dillard, 320th Missile Squadron, at 773-4886.



Courtesy photo

Children of all ages from the Cheyenne community prepare to enter the Trail's End Club here for a day at Operation Provide Joy in 2004.

37th Helicopter Flight now squadron

2nd Lt. Josh Edwards
90th Space Wing Public Affairs

The 37th Helicopter Flight was redesignated the 37th Helicopter Squadron in a ceremony here Oct. 21.

Col. Michael Fortney, 90th Operations Group Commander, Maj. Darren Easton, 37th Helicopter Squadron Commander, many of Warren's group and squadron commanders, members of the 37 HS and other Warren members and their family members were in attendance.

"This is a great day for the 37th Helicopter Squadron," said Colonel Fortney. "The 37th has a long and proud heritage and history of professionalism in flight and Airmanship."

Colonel Fortney spoke of the 37 HS's recent involvement in the relief of hurricanes Katrina and Rita as well as the squadron's



Photo by 2nd Lt. Josh Edwards

Col. Michael Fortney, 90th Operations Group Commander, exchanges the new squadron guidon with Maj. Darren Easton, 37th Helicopter Squadron Commander, while Master Sgt. Mark Nowotny, 37 HS assists.

daily mission in the missile complex.

"Our helicopter troops set the standard when they deployed for recent

hurricane relief. They set the bar high," said Colonel Fortney. "I'm proud of what they do for the 90th Space Wing, Twentieth Air Force

and this nation."

The part of the ceremony that signified the redesignation was the exchange of the 37 HS guidon from

Colonel Fortney to Major Easton.

"Some names are given, and some are earned. The 37th Helicopter Squadron has a name too, a name we've earned," said Major Easton.

"We should strive to live up to the name and heritage we've earned," he said.

The 37 HS originated as the 37th Air Rescue Squadron during the Korean conflict with the role of helicopter medical evacuation. The squadron was again active in Southeast Asia as the 37th Aerospace Rescue and Recovery Squadron. After the Vietnam conflict, 37 ARRS was deactivated Dec. 1, 1973. The 37 HS is credited with saving 776 lives to date.

When reactivated at Warren, in addition to search and rescue, the squadron's mission expanded to include missile site support.

Briefs

Adoption Expense Reimbursement Program

The Adoption Expense Reimbursement Program applies to members whose adoption of a child was finalized on or after Dec. 5, 1991. Members may be reimbursed a maximum of \$2,000 per child for qualifying expenses related to the adoption, and a maximum of \$5,000 for multiple adoptions per calendar year.

For more information, contact the military personnel flight at 773-2366.

Boxing coaches needed

The Warren Boxing team is looking for coaches and boxers. Coaches must have prior boxing experience (USA Boxing certification is a plus). Boxing practice is held Mondays, Tuesdays and Thursdays (except holidays) at 5:30 p.m., in Fall Hall. All equipment is provided, however, individuals need to bring clean court shoes and workout clothes.

The team is for people who want to participate competitively as well as anyone who wants to come and get a good workout.

For more information, contact 1st Lt. Rodney Ellison at 773-4495 or cell 221-1195.

Get tickets to football game

Outdoor recreation has a limited number of tickets for the Nov. 5 Air Force vs. Army football game for only \$31. They are also offering a trip for \$45 that includes the game ticket. Seats are in the M11 section. Kickoff is at 1:30 p.m.

For more information, call outdoor recreation at 773-2988.

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For more information, contact public affairs at 773-3381 or e-mail at Sentinel@warren.af.mil.

Road named after late AF general

Warren honors space and missiles founding father

90th Space Wing Public Affairs

Ft. Steele Way at Warren recently had its name changed to Schriever Road to honor the late Air Force Gen. Bernard A. Schriever.

"We are honored to name a prominent road at Warren after a man who did so much for the Air Force," said Col. Michael Carey, 90th Space Wing Commander. "General Schriever helped make our ICBM force the power it is today."

General Schriever was regarded by many as the father of America's space and missile force, and played a

major role in the development of the Minuteman missile system.

General Schriever was born in 1910 in Bremen, Germany, and immigrated to the United States in 1917 with his parents.

Under General Schriever's leadership, the Air Force developed programs such as the Thor, Atlas, Titan and Minuteman missiles, and all aerospace systems that have been launched into orbit, including those supporting NASA in its Mercury man-in-space program.

(Compiled from Air Force Link.)



Photo by Mr. Ron Hall

General Bernard A. Schriever is presented with the new Air Force Space Badge on May 25, 2005 in Washington D.C. by General Lance W. Lord, Commander, Air Force Space Command.

AFPC prepares to conduct Force Shaping Board

Air Force Personnel Center

RANDOLPH AIR FORCE BASE, Texas - In an effort to right size and shape the force for the future, Air Force officials have approved an annual board that will evaluate officers for continued service at their three-year point as part of the service's force management program.

The first Force Shaping Board is scheduled to convene here April 3, 2006 at the Air Force Personnel Center. The board will evaluate active duty line officers in the 2002 and 2003 accession year groups except those officers who have less than two years current active service or 15 or more years of active service as of Sept. 29, 2006.

The objective of the FSB is to shape the future force by retaining the officers the Air Force needs to develop as its future leaders.

The board will make its determination based on the information contained in the officers' central selection record and a Retention Recommendation Form.

Central Selection Record Content

- Officer selection brief
- Officer performance reports
- Decorations
- Letters of evaluation: Permanent change of station students will not have an RRF completed on them. Instead, their host wing commander will complete a letter of evaluation outlining the officer's training program and performance.
- Letter to the board - Board eligible officers are authorized to submit a letter to the board to provide additional information relevant to the board decision process that is not included in any other documents in the central selection record.
- Retention Recommendation Form: The first O-6 or GS-15 in the officer's chain of command will write a nine-line narrative and make a recommendation. The senior rater will also provide a mandatory ranking on all officers in their unit by accession year group and Air Force Specialty Code.

Air Force leaders had hoped to

reduce the line officer corps through a robust voluntary Force Shaping Program. The program continues to offer interested officers the following separation options, which may also include a waiver for recouping education costs:

- Limited Active Duty Service Commitment waivers: This program allows individuals to separate before the expiration of certain Active Duty Service Commitments.
- Air Force Reserve Palace Chase
- Air National Guard Palace Chase
- Army Blue to Green

Opportunities also exist for Airmen to continue to serve their country through federal civilian employment.

These voluntary initiatives close to FSB eligible officers on March 1, 2006 as AFPC will no longer accept separation applications from these officers.

For more information about the Force Shaping Board and volunteer separation opportunities, visit www.afpc.randolph.af.mil/retsep/shape.htm or call the Air Force Personnel Contact Center at (800) 616-3775.



Photo by 1st Lt. Nicole Walters

Master Sgt. Jeff Randall, 90th Medical Operations Squadron Life Skills Program Specialist, secures a teddy bear onto his motorcycle Oct. 15 for the Toys for Tots ride.

MOB takes on toy run

Some strap toys to their bikes

Staff Sgt. Chad Quin
90th Operations Support Squadron
Wing Weather Noncommissioned Officer

Over 20 Military on Bikes members, Warren's motorcycle club, took part in the 28th annual Cheyenne Toy Run Oct. 15.

The Toy Run is an annual event each fall here in Cheyenne that helps the Salvation Army provide underprivileged children toys for the holidays. Local motorcyclists gather in downtown Cheyenne for a parade, all donating toys for Cheyenne children. Some riders even strap toys to their bikes. Toys range from stuffed animals and Matchbox

cars to remote controlled cars and Power Wheels motorized vehicles.

The MOB is a group of biker-Airmen committed to 4 things: biker safety, esprit de corps, community involvement and wind in the face. It's a new Warren organization open to all military motorcyclists including active duty, guard, reserve, spouses, civilian employees, or retirees.

The Toy Run had over 1,000 according to Maverick Cycles, which hosted the event. Nearly 300 toys were donated from squadrons across the base; there were so many toys that the MOB had to load them onto a truck to deliver them.

To join the MOB or for more information, contact Tech. Sgt. Sean Cope at 773-4291.

WHAT'S IN A NAME?

The history behind names at Warren



Aisne Parade Ground is the first parade field east of Marne Parade Ground between Desert Storm Way and North Champagne Drive. It is located south of Buildings 21 to 28 and includes the High Plains Chapel and its parking lot.

AISNE PARADE GROUND

Fort D. A. Russell was founded in 1867. By 1900 it became a permanent post and began expanding to the east. The parade grounds separated the officer's quarters to the north from the infantry enlisted barracks to the south, and provided an area for the troops to assemble. Aisne Parade Ground was the first of the new parade ground areas and is named after a river of northern France. Four major World War I battles were fought along its banks, including the final defeat of the Germans by French and American troops in September-October 1918.



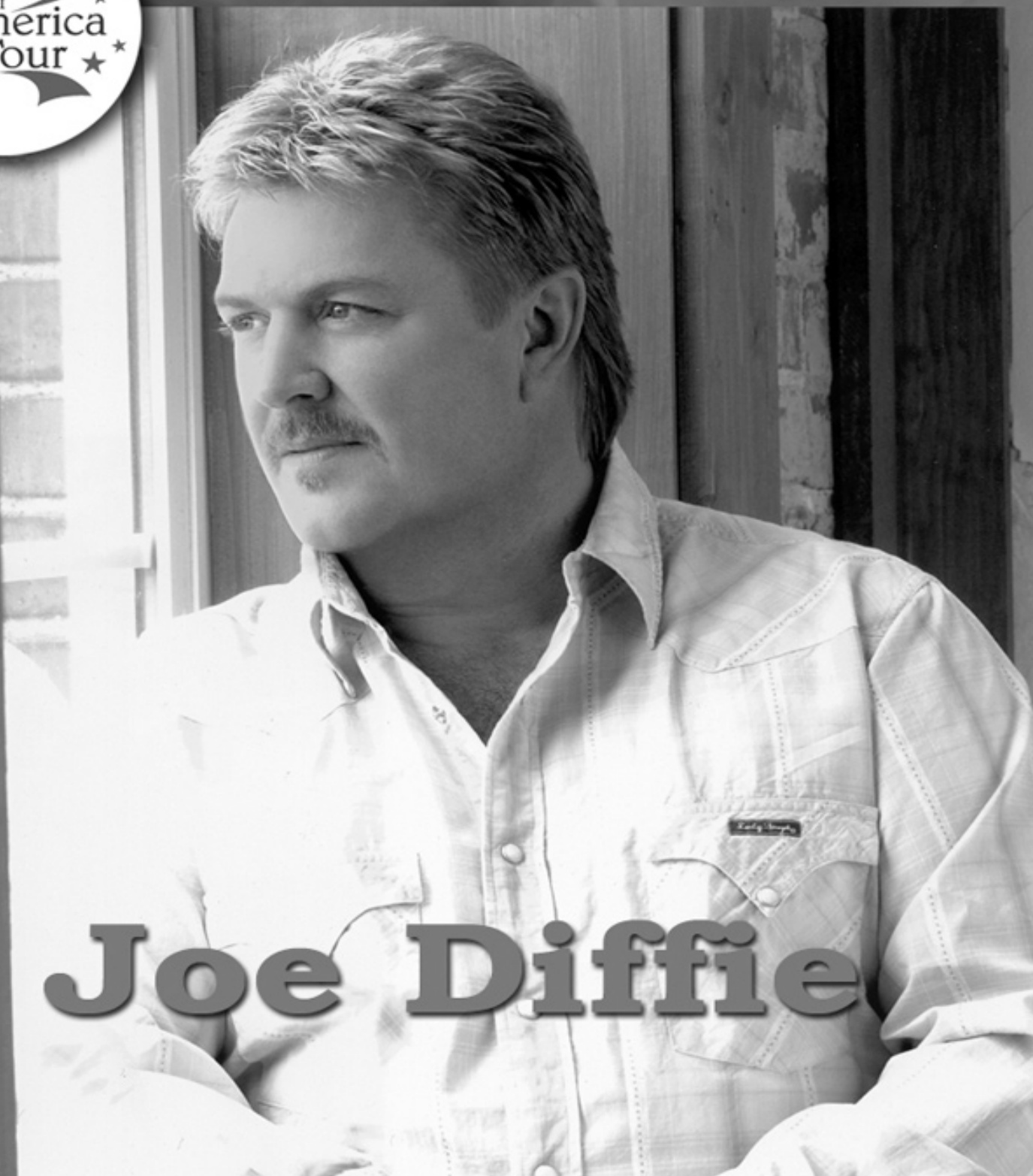
Photo by Airman 1st Class Tessa Cubbon

CELEBRATING HISPANIC HERITAGE

Ms. Elizabeth Vogel, International Folkloric Dancer, performs during the Hispanic Heritage Month Food Sampling at the 90th Logistics Readiness Squadron Highbay here Oct. 20.



P R E S E N T S



Joe Diffie

The Spirit of America Tour is a project of the California based Robert and Nina Rosenthal Foundation

Sunday, October 30
7 pm Free
Peacekeeper High Bay, Bldg. 1501

Front Section is Reserved for Uniformed Personnel

THIS SHOW IS NOT OPEN TO THE GENERAL PUBLIC

For more info, contact Lorri Welsh x2858

www.spiritofamericatour.org

F.E. Warren AFB
SERVICES
Combat Support & Community Service

Don't let Fluffy freeze this winter

Cold weather tips for keeping your pets safe, healthy

Army Sgt. Daniel Jones
90th Medical Support
Squadron Veterinarian

Thousands of animals suffer injuries and sometimes death due to cold weather every winter. Make sure cats and dogs are safe this winter.

One of the hardest things to gauge when it comes to pets is their tolerance for the temperature.

If it's too cold for people to be outside, it's too cold for them. Give them their time outside; just be sure to give them time inside to warm up. Outside dogs

should be brought in for the night and cats should be kept in until the spring.

This helps them from becoming lost, injured or even freezing to death when the weather takes a turn for the worse.

When a dog comes in from playing outside, be sure his paws and belly are wiped.

Dogs can become sick from swallowing salt and other chemicals used to melt snow. Check their paws for ice which can sometimes cut their pads if left for too long.

Remember to always

have water available for your pets. Water bowls left outside can freeze or become too cold for them to drink, leaving them dehydrated in the cold.

Animal sweaters are a good idea for dogs and cats with short hair. They come in many different designs and will keep pets warm.

When it's time to bed down for the night, pets need a warm place to sleep away from any drafts with a warm bed or blanket to sleep on.

Those planning to travel with pets shouldn't leave them in the car when the temperature starts to drop.

The car will act as a refrigerator and could speed up the freezing process. If pet owners decide to leave pets behind, they should be sure to find a responsible and knowledgeable kenneling facility or care-

taker to watch their pets while they're gone. Make sure to leave the caretaker with the pets' vaccination records and a power of attorney for them in case they need medical care.

Pets must be registered at the Warren Veterinary

Clinic.

This is a base policy, which if not heeded, could lead to animals on base being sent to the Cheyenne Animal Shelter.

For more information contact the Warren Veterinary Clinic at 773-3354.

Quick tips

- Animal sweaters are a good idea for cats and dogs with short hair.
- Dogs can become sick from swallowing salt and other chemicals used to melt snow.
- Check their paws for ice which can sometimes cut their pads if left for too long.
- If it's too cold for you to be outside, it's too cold for them.

Domestic violence awareness

October to raise knowledge, prevention of domestic abuse

Glenn T. Garcia
Family Advocacy Program

October is Domestic Violence Awareness Month.

In every state and on every military installation, government officials, corporations, military medical personnel and advocacy groups set out to raise national consciences about domestic violence.

Although anyone can become a victim of domestic violence or intimate partner violence, women are still more likely to experience violence than men. People from all economic and cultural backgrounds can be perpetrators or victims of domestic violence.

The Centers for Disease Control and Prevention's National Center for Injury Prevention and Control estimates that nearly 5.3

million domestic violence incidents happen each year among women 18 years and older resulting in 2 million injuries and 1,300 deaths.

Wyoming is regularly ranked among the states with the highest rates of domestic violence incidents in the country, according to the Associated Press. In 2004, there were 7,000 incidents of domestic violence reported.

That number only represents people seeking services. Since most people do not seek services, the actual number of domestic violence victims could be significantly higher. Sadly, children are often the direct or indirect victims. Just witnessing violence impacts children's lives, especially as it usually takes place at home, a place where children should feel safe.

If children have been exposed to domestic violence, it increases the chances that they will take on the role of either a "batterer" or a "victim" in their adult relationships. Abuse can seem "normal" to children who witness it in their own homes.

Family Advocacy personnel are strongly encouraging base members who witness or suspect domestic violence to "Take a Stand." This campaign is focused on encouraging community members to intervene on behalf of a victim and/or report the abuse to law enforcement officials. Too often friends or co-workers are reluctant to take action even though they are concerned about the victim.

If you or someone you know is living with domestic or intimate personal vio-

Did you know ...

- Nearly 5.3 million domestic violence incidents happen each year among women 18 years and older resulting in 2 million injuries and 1,300 deaths.
- Wyoming is regularly ranked among the states with the highest rates of domestic violence incidents in the country.

lence, contact the family advocacy program at 773-4228. On-call staff can be reached

on a 24-hour basis by calling the law enforcement desk at 773-3501.



Photo by 1st Lt. Justin Herman

AND YOU THOUGHT CHEYENNE WAS COLD ...

THULE AIR BASE, Greenland—It's a warm and balmy day at Thule Air Base as temperatures rise 30 degrees from last week's chill factor of -18 degrees Fahrenheit, giving a Security Forces Airman the chance to shed some layers from his arctic gear. Airman 1st Class Frank Lillich, 821st SFS, patrols near Storm Shelter 2 during a snowstorm produced by the elevated temperature. Eleven storm shelters are located between the main base and the Ballistic Missile Early Warning System facility in order to protect operators from the unpredictable polar weather. Off-base travel has been restricted recently due to the hazardous conditions and reports of polar bears roaming the Thule Defense Area, and all Airmen are required to carry full arctic gear bags in their vehicles including gloves, goggles, pants and ventilated face masks.

AFSPC Helo ops flights become squadrons

Capt. Christopher Anderson
Air Force Space Command Public Affairs

PETERSON AIR FORCE BASE, Colo.—Numbered helicopter flights throughout Air Force Space Command started redesignation as squadrons Oct. 7 and will continue through Nov. 6, 2005. "The redesignation signifies the importance helicopter operations play in the security and defense of our nation," said Brig. Gen. Elaine Knight, Assistant Director of Air and Operations at AFSPC. "It also recognizes the tremendous responsibility our people have securing one of the nation's critical defense assets."

"The redesignation also means greater manning flexibility and

assignment availability for senior helo pilots," said Lt. Col. Roger Dellinger, helicopter tactics officer.

The flights operate UH-1N Bell Helicopters in support of inter-continental ballistic missile field security, wartime contingencies, wing support, training and search and rescue. Their missions also encompass aerial surveillance for off-base movement of nuclear weapons, emergency deployments of security response forces throughout the base and missile complexes, and 24-hour coverage for priority airlift of cargo and passengers.

The helicopter squadrons are located at Vandenberg Air Force Base, Calif., F.E. Warren AFB, Wyo., Malmstrom AFB, Mont., and Minot AFB, N.D.



AIRMEN TREAT NIGHT

October 29

TWO GHASTLY EVENTS

TO MAKE YOUR HALLOWEEN A REAL TREAT TO REMEMBER

<p>FIRST EVENT</p> <p>DORM ESCAPE BBQ</p> <p>7 TO 9 P.M.</p> <p>Meet at Dorm Escape for a feast fit for a Count. A barbeque that is out of this world (not your hamburgers and hot dogs type of stuff) Watch your favorite horror flick. Sip some cider. Maybe you will even meet the ghost of the old post jail. Sponsored by Air Force Sergeants Association, Top 3 and Dorm Escape</p>	<p>SECOND EVENT</p> <p>COSTUME PARTY</p> <p>9 'TILL ???</p> <p>Meet at the Trail's End Club for a the costume party you'll never forget. Lucrative prize for the best dressed! *Shocking prizes *Dancing *Great snacks *Fun Sponsored by the MAD Crew and Services</p>
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DID YOU GET TICKETS TO THE GUN SHOW? WARRENS STRONGEST COMPETE

Airman 1st Class Suesan Sands, 90th Security Forces Squadron, carries 60 pounds of weights 90 feet during the Strongman/strongwoman Competition here Oct. 21.

Hurey Smith, 90th Missile Maintenance Squadron, rushes to the finish line with a 270-pound wheelbarrow during the Strongman/strongwoman Competition Oct. 21.

Weekly Warren youth bowling scores

Little Pee Wees - Ages 3-5
Charles Vogel 56 game

Pee Wees - Ages 5-6
Ryan Komm 82, +19 game

Bantam-Preps - Ages 7-11
Evan Hoff 491 high series handicap
Katelyn Crocker 486 high series handicap
Cameron Maloney 172 high game handicap
Madisyn Bails 181 high game handicap

Junior-Majors - Ages 12-21
Anthony Linde 688 high series handicap
Brittaney Thomas 637 high series handicap
Drake Guerra 252 high game handicap
Kristin Hereford 250 high game handicap



90th Medical Group 6th Annual Trick or Treat

When: 4:45 p.m., Oct. 28

Where: 90 MDG Clinic,
6900 Alden Dr.

Who: All ages

Be sure to
visit the scary
haunted house



Kansas native: Warren's first line of defense

Airman 1st Class Brandy Holcepl sat down with Senior Airman Billy Garcia, 90th Security Forces Squadron, to chat about home, family and military training.

Where are you from?

I grew up in a small town named Brewster which is in the northwest corner of Kansas. It's about 5 hours from F. E. Warren. Now though, I call Clovis, New Mexico home because I lived there for about 5 years before I joined the Air Force.

Is home different from here?

Brewster and Cheyenne have pretty much the same climate, although it is much windier here. Clovis is much warmer and less windy than Cheyenne. Still it snows and gets cold in Clovis.

Are you married?

I am married and have a one-year-old son and a six-year-old son.

What do you like to do with your family?

My family and I like to go bowling and watch movies. When I get a chance I like to take my wife and kids to fun places. Earlier this month, I took my boys and wife to the Denver zoo which was a great time.

What is your favorite memory with your family?

My favorite memory with my family is the first Christmas I got to spend with my wife, older son who was 5 at the time and my younger son who was 2 months old at the time.

When did you join the Air Force?

I joined the Air Force in October of 2002, but was in the delayed entry program until May 6, 2003, which was my first day at basic military training.

Why did you choose the Air Force over other military branches?

I was steered in this direction by my uncle who retired from the Air Force. He told me the training and quality of life in the Air Force could not be matched by any other branch of service.

What do you do for your job? What is it like?



Photo by Airman 1st Class Brandy Holcepl

Senior Airman Billy Garcia, 90th Security Forces Squadron Gate Guard, checks an ID card at the front gate Oct. 14 here.

I am an Installation Entry Controller. I am the first line of defense for the base. I do basic law enforcement duties at the gates with facilitating traffic in and out of the base as my primary duty.

Do you like your job?

Yes, I like my job because I get to see and talk to so many people every day.

If you could change your job, how would you change it and why?

The biggest thing I would change about my job, which is impossible though, is the Wyoming winter weather. Being a gate guard during winter here is not easy. It gets really cold here.

What are your career goals?

My career goals if I stay in the Air Force are to eventually try to attend OTS, and see where that takes me. If I separate, I would like to be a special agent for a civilian federal law enforcement agency with the FBI at the top of my list.

What is your CCAF degree for?

My CCAF degree will be in criminal justice.

How long did it take you to get it?

It took me about four months to earn the degree with all of the other college credits I already had.

When did you graduate?

I will graduate on November 3, 2005.

How do you feel about getting your CCAF degree?

Although I didn't have to take many classes to earn my CCAF degree, I'll be happy to receive it. You can never have too much education.

Do you think it is important for other AF members to get their CCAF degree?

I think it's important for other AF members to earn their CCAF degree because it's a college degree one can use while in the Air Force and in the civilian work

force. I keep hearing how earning your CCAF could have an effect on how high you go in the enlisted ranks. In the civilian work force, it shows employers that one has the determination, discipline, and commitment to reach and achieve a specific goal. You can never have too much education.

Do you do any volunteer work?

I have done a lot of volunteer work, but the most rewarding was helping in coaching my son's basketball team here on base last year. I got to see the improvement they made over the season which I had something to do with. I hope to coach again this year.

Do you enjoy doing volunteer work?

I enjoy doing volunteer work because I enjoy helping people. I have received so much help from many kind people that I just feel like I want to give back to those in need and the community.

FitFactor for youth

To stress the importance of making healthy lifestyle choices and to encourage youth to get up, get out and get fit, youth programs introduce FitFactor.

Being healthy and fit is important for youth and teens. It puts youth in touch with their bodies, increases their self-esteem and helps to generate the desire to set personal goals.

The goal of FitFactor is to encourage healthy choices and teach youth to value their lives.

It combines an exciting web based program that rewards youth for being active at least 60 minutes every day, making informed nutritional eating selections, getting friends and family members to participate in fun physical activities and games, limiting the amount of television and computer time and adopting healthy routines, including a broad range of physical and leisure time activities.

For more information visit the youth center or call 773-2564.

Special Saturday clinic

The Warren Veterinary Clinic is taking appointments for pet vaccinations and minor illnesses Saturday, Nov. 12 from 9 a.m. to 1 p.m. Call 773-3354 for more information or to schedule.

Turkey Shoot Golf Tournament

A Turkey Shoot Golf Tournament is Nov. 5 with a 9 a.m. shotgun start at the Warren Golf Course. It is individual stroke play with handicap. Make your own group. Everyone wins a turkey. The cost is \$30 for members and \$40 for non-members. Price does not include cart. For more information, call 773-3556.

Outdoor Recreation trips

Nov. 18 - If you weren't able to purchase your Eldora Stars & Stripes Season Pass during our open house last month, you'll have another opportunity to take advantage of the best deal going! For \$99, any active duty, retiree, DoD civilian

and their immediate family members may purchase this no-blackout date season pass for the 2005-2006 ski season. Representatives from Eldora Ski Area will be on location at ODR all day from 10 a.m. to 5 p.m. so stop by and get yours!

Nov. 19 - Christmas is right around the corner and we know just the place to get that Christmas list knocked down to size. ODR is heading south to Flat Irons Crossing Mall near Broomfield. Shop name brand stores including Eddie Bauer, Banana Republic, Ann Taylor, Fossil, Gap, Abercrombie & Fitch and others to make gift giving a pleasure.

Trip departs at 8 a.m. and returns at 6 p.m. Cost is \$20 per person. No federal endorsement of sponsors intended.

Nov. 25 - 'Tis the season to put down that Thanksgiving dinner fork and strap on the skis!

ODR will take its first ski trip of the season to Keystone, Colorado – site for the 2006 Snofest taking

place Jan. 27 to 29. If you purchased a Liberty Pass you'll be able to get your photo pass taken care of while we're there. Cost is \$65 for day skiers, \$20 for season pass holders – this trip includes ski equipment for no additional charge.

Nov. 26 - It's a "Weekend of Destruction" when the demolition derby comes to the Budweiser Event Center. Contestants will not only include cars but motorcycles too. Show starts at 7:30 p.m., our trip leaves ODR at 6 p.m. and returns approximately 11:30 p.m. Cost is \$25 per person and includes event ticket, transportation and curbside drop off/pick-up.

Colorado Eagles pro hockey military night

Military discount tickets are available for the Colorado Eagles vs. the Memphis River Kings hockey game Dec. 2 at the Budweiser Events Center. Tickets are \$16. For \$6, outdoor recreation will drop off and pick up attendees at the front door to

avoid paying for parking! Tickets must be purchased by Nov. 29. To purchase tickets or for more information, call 773-2988.

Chadwell Dining Facility Thanksgiving Dinner

Chadwell Dining Facility is open to all active duty enlisted, officers, retired military and their family members for Thanksgiving Dinner from 11 a.m. to 2 p.m., Thursday, Nov. 24. Call 773-3838.

Ceramics class

It's snowing at the Multi Crafts Center Saturday, Nov. 12!

Join the snowman painting class from 1 to 3 p.m. Class is limited to 10 students ages 8 to 16. Cost is \$10 for two small snowmen. If there is enough interest, a separate class on another Saturday will be held for younger children. Parents must accompany children and will have the opportunity to paint a larger snowman for an additional fee. For more information, call 773-3754.

6 by 6

CFC
in full
swing

The Combined Federal Campaign is nearing the half-way point at Warren and through the tremendous generosity of our base community, each passing day brings us closer to our goal of 100 percent contact and \$68,000 in contributions. If you have not yet contributed, there is still time to make a pledge to a local, national or international charitable organization of your choice. You can easily contribute by either a one time cash or check donation or through a payroll deduction. If you have not yet had the opportunity to participate

and would like to support a worthwhile cause, please contact your unit representative for details on how to give.

- 90th Space Wing**
2nd Lt. Kathy Vorenkamp
773-3577
2nd Lt. Jackie Morales
773-3608
- 90th Mission Support Group**
2nd Lt. Je Raley
773-5110
2nd Lt. Scott Simoneaux
773-4819
- 90th Mission Support Squadron**
Staff Sgt. Nikki Holman
773-3572
Staff Sgt. Zachary Parish
773-3760
- 90th Services Squadron**
Airman Armando Rivas-Rios
773-6172
Ms. Angela Moreland
773-2115
- 90th Communications Squadron**
Staff Sgt. Charlie Thompson
773-3101
Staff Sgt. Kristan Holland
773-4451

- 90th Logistics Readiness Squadron**
Master Sgt. Stuart Shepard
773-4686
Capt. Justin Hohn
773-2242
- 90th Civil Engineering Squadron**
Capt. Karl Recksiek
773-2438
- 90th Medical Group**
Maj. John Shirley
773-3609
Senior Master Sgt. Curtis Kinnick
773-3264
- 90th Medical Support Squadron**
2nd Lt. Andrew Brondel
773-6100
Tech. Sgt. Heather Lowry
773-3646
- 90th Medical Operations Squadron**
Capt. Christopher Archer
773-3450
Staff Sgt. Cynthia Cross
773-3733
- 90th Maintenance Group**
2nd Lt. Paul Brand
773-2144
2nd Lt. Misha Harrell
773-3156

- 90th Maintenance Operations Squadron**
Master Sgt. Mark Harrison
773-5805
Tech. Sgt. Edward McFillin
773-2144
- 90th Missile Maintenance Squadron**
2nd Lt. Paul Traher
773-6166
1st Lt. Loren Wong
773-2349
- 90th Operations Group**
1st Lt. Tanya Frazier
773-4952
- 319th Missile Squadron**
2nd Lt. Jody Duvall
773-2280
2nd Lt. Sean Ianacone
773-2280
- 320th Missile Squadron**
2nd Lt. Colin Mims
773-4948
- 321st Missile Squadron**
2nd Lt. David Foster
773-4952
2nd Lt. Nicole Littlejohn
773-4952
- 90th Operations Support Squadron**
Capt. Michael Campbell
773-3118

- 37th Helicopter Flight**
2nd Lt Jacob Parker
773-2001
- 90th Security Forces Group**
Staff Sgt. Catherine Reatherford
773-3641
Master Sgt. David Adams
773-6043
- 90th Missile Security Forces Squadron**
2nd Lt. Madeleine Kiernan
773-3454
2nd Lt. Bradley Bingham
773-3454
- 790th Missile Security Forces Squadron**
2nd Lt Benjamin Washburn
773-2339
Staff Sgt. Chad Barnash
773-4959
- 90 Security Forces Squadron**
1st Lt. Eric Carlson
773-4668
2nd Lt. Brenton Pickrell
773-3501
- 90th Security Support Squadron**
Senior Airman Krystal French
773-3560
Senior Airman Anthony Guillory
773-2784
(List provided by 2nd Lt. Kathy Vorenkamp)

CONGRATULATIONS TO WARREN MEMBERS CELEBRATING ACADEMIC ACHIEVEMENT

The 2005 combined graduation ceremony will take place at the Pronghorn Center Nov. 3 at 2 p.m. The following individuals will be receiving degrees:

Community College of the Air Force
Associate of Applied Science Degrees

Staff Sgt. Casey Adams
Airman 1st Class Maria Adams
Tech. Sgt. Jose Alpizar
Senior Airman Brian Anthony
Master Sgt. Richard Avery
Master Sgt. Matthew Barkley
Senior Airman Jennifer Bartow
Staff Sgt. Sarah Bensch
Master Sgt. Valerie Bjorhus
Staff Sgt. Angel Blackburn
Master Sgt. Richard Bollen
Staff Sgt. Frank Brown
Tech. Sgt. Jeremy Burton
Airman 1st Class Russell Cabrera
Master Sgt. Christopher Campbell
Tech. Sgt. Emily Cantrell
Senior Airman Brandon Carpenter
Staff Sgt. Herbert Carroll
Staff Sgt. Jason Catchings
Tech. Sgt. Sean Daugherty
Staff Sgt. Brian Davis
Master Sgt. Larry Derr
Master Sgt. Jason Devereaux
Senior Airman Orighoye Dore
Senior Airman Billy Garcia
Staff Sgt. Cathryn Glenn
Senior Airman Esther Grajeda
Staff Sgt. Lisa Haskins
Senior Airman Patrick Hayley
Staff Sgt. Daniela Hernandez
Senior Master Sgt. Douglas Hiatt
Tech. Sgt. Kyle Higgins
Staff Sgt. Clarke Hinline
Tech. Sgt. Laura Hoy
Tech. Sgt. Robert Hughes
Master Sgt. James Jock
Staff Sgt. Karen Kahle
Master Sgt. Robb Klein

Tech. Sgt. Robert Koehling
Master Sgt. Donald Koenig
Staff Sgt. Jason Krazier
Tech. Sgt. Alan Landers
Tech. Sgt. Jason Leach
Tech. Sgt. Melissa Leitch
Staff Sgt. Audrey Lujan
Tech. Sgt. Mario Lujan
Staff Sgt. Jeffrey Lund
Master Sgt. Fredrick Major
Tech. Sgt. Shawn Matzen
Master Sgt. James Mauriello
Senior Airman Adam Miller
Master Sgt. Michael Mitchell
Staff Sgt. Marvin Morant
Staff Sgt. Daniel Ortiz
Staff Sgt. Daniel Paiz
Staff Sgt. Zachary Parish
Staff Sgt. Michael Parker
Tech. Sgt. Jesse Pellot
Senior Master Sgt. Susan Perkins
Tech. Sgt. Joangela Porter
Senior Airman Brent Powell
Master Sgt. Patricia Price
Tech. Sgt. Steven Price
Staff Sgt. Melissa Prose
Master Sgt. John Raney
Tech. Sgt. Joseph Rathbun
Staff Sgt. Catherine Reatherford
Senior Airman Celsa Reyes
Senior Airman Jared Rhodes
Staff Sgt. Duane Riggs
Tech. Sgt. Noelle Robert
Staff Sgt. Leora Romarine
Tech. Sgt. Kevin Sargent
Tech. Sgt. Rhonda Sargent
Master Sgt. Richard Sawicki
Master Sgt. Michelle Scheel
Tech. Sgt. Michael Schmidt
Master Sgt. Russell Seder
Master Sgt. Gregory Shepard

Master Sgt. Stuart Shepard
Staff Sgt. Tony Short
Tech. Sgt. Kenneth Silva
Staff Sgt. Patricia Souder
Master Sgt. Tracy Speight
Tech. Sgt. James Stanfield
Master Sgt. Timothy Staples
Senior Airman Patrick Sullivan
Master Sgt. Tracy Taylor
Staff Sgt. Gary Tucker
Staff Sgt. Shana Villapando
Master Sgt. Joseph Walsh
Staff Sgt. Kenneth Whitlock
Master Sgt. Michael Whittaker
Master Sgt. Gregory Wilson
Master Sgt. Scot Withers
Senior Airman Monica Wong
Tech. Sgt. Kevin Young

Embry Riddle Aeronautical University
Bachelor Degrees

Chief Warrant Officer 4 Brandon Erdmann
Mr. Jorma Jennings
Mr Ryan Johnson

Master Degrees
2nd Lt. Maria Laborde
Capt. Jacob Malone
Mr. Jeffrey Mcbroom
Capt. Tytonia Moore
Capt. Justin Preston
Ms. Tracie Soich
Capt. Virginia Wright

Education Touro University International
Masters degrees

1st Lt. Maura Silas

Park University
Associate Degrees

Senior Airman Sarah Hoznagel

Bachelor Degrees

Staff Sgt. Anthony Ashcraft
Ms. Denise Byrd
Mr. William Conyers
Master Sgt. Tracy Dorgan
Airman 1st Class Connor Elayan
Ms. Amber Erpelding
Tech. Sgt. Toni Federer
Tech. Sgt. Richard Halas
2nd Lt. George Hern
Staff Sgt. Jaime Hernandez
Senior Master Sgt. James Howard
Mr. Enoch Johnson
Master Sgt. David Keney
Mr. Craig Lawson
Ms. Brenda Ledermann
Mr. Kenneth Ledet
Ms. Janice Mayo
Ms. Elizabeth McCullouch
Staff Sgt. Slade Mielitz
Staff Sgt. Marvin Morant
Ms. Kelly Oliger
Mr. Guiseppe Piesco
Ms. Jennifer Powers
Mr. William Robinson
Mr. Adrian Rodriguez
Ms. Tina Seymoure
Ms. Terra Spino
Master Sgt. Timothy Staples
Ms. Sherry Steveson
Ms. Janet Tilton
Ms. Beth Tramel
Mr. John Upshaw
Ms. Samuel White
Mr. David Wills